

U20 and Senior records

Track Events	U20 ‘Juniors’		Seniors	
	Male	Female	Male	Female
60m (Indoor)	6.96			
Name	Daniel Walsh			
Venue	Sportcity, Manchester			
Date	22/03/2015			
100m	10.77	13.50	10.40	11.60
Name	Daniel Walsh	Francesca Robertson	Derrick Brown	Heather Young
Venue	Barnsley	Doncaster	Birmingham	
Date	25/08/2013	06/06/2015	11/05/1985	09/05/1905
100m Hurdles	15.54		14.80	
Name	Liam Slater		Alan Shaw	
Venue	Wakefield			
Date	26/06/2012		13/08/1983	
200m	22.20	28.5	21.60	23.80
Name	Daniel Walsh	Francesca Robertson	Derrick Brown	
Venue	Sheffield	Lincoln	Cleckheaton	Heather Young
Date	08/08/2015	12/07/2015	19/05/1985	1956
400m	52.69	65.3	46.21	56.40
Name	Liam Slater	Francesca Robertson	Martin Steele	Paula Fryer
Venue	Wakefield	Woodbourn Rd Sheffield		
Date	05/04/2014	08/08/2015	19/09/1984	1987
400m Hurdles	60.30		54.80	64.60
Name	Liam Slater		Winston Shand	Sandra Leonard
Venue	Scunthorpe			
Date	17/06/2012		1978	1984
800m	2:14.30		1:43.84	2:05.10
Name	Nathaniel Stock		Martin Steele	Paula Fryer
Venue	Wakefield		Oslo	
Date	24/06/2015		10/07/1993	1988
1500m	4:41.96	5:20.58	3:40.20	4:23.10
Name	Robert Morris	Sophie Wood	Andrew Pearson	Samantha Thomas
Venue	Cleckheaton	Cleckheaton		Essex
Date	30/05/2012	07/08/2024	11/06/1997	14/07/1984
1 mile (1609m)	5:29.57		3:56.60*	6:50.00
Name	Liam Slater		Walter Wilkinson	Debbie Selby
Venue			Leicester	Leeds Road
Date	25/01/2011		31/05/1971	12/09/2023
Note	*3:57.20 was a World record in 1957 for the mile, set by Longwood's own Derek Ibbotson, beaten later by Walter Wilkinson to register as the new club record, but Walter's time was no longer world best			
2000m Steeplechase			05:58.30	
Name			Ian Howey	
Venue				
Date				
3000m	8:41.30	11:30.01		9:43.0
Name	Andrew Pearson	Sophie Wood		Jean Haigh
Venue	Birmingham	Cleckheaton		
Date	06/08/1982	21/04/2024		1978
3000m Steeplechase	11:13.0		9:05.72	
Name	Nathaniel Stock		Ian Howey	
Venue	Sheffield		Grimsby	
Date	08/08/2015		18/06/1988	
5000m	18:56.20		13:40.16	
Name	Nathaniel Stock		Andrew Pearson	
Venue	Lincoln		22/06/97	
Date	12/07/2015		Munich	
5 Km (Incl. Park Run)	17.07			
Name	Nathaniel Stock			
Venue	Greenhead Park			
Date	13/05/2015			
10000m			28:32.0	
Name			Andrew Pearson	
Venue			20/04/96	
Date			Walnut USA	
10 Km (Road)	37.46		28.21	41.44
Name	Elliot Thompson		Andrew Pearson	Claire Pickersgill
Venue	Wakefield			Wakefield
Date	29/03/2015		1995	15/4/2012
10 miles			47.32	54:37.00
Name			Andrew Pearson	Susan Gaskell
Venue				
Date				1985
Half Marathon (13.1 Miles)				1:16.04
Name				Susan Gaskell
Venue				Wakefield
Date				8/9/1985
20 miles			1:42.03	
Name			Bob Moore	
Venue				
Date			1974	
Marathon (26.2 miles)			2:16.45	2:52.10
Name			Bob Moore	Jean Sykes
Venue				Huddersfield
Date			1974	