LONGWOOD HARRIERS

Road Races 2015

**Under 11’s Race**  (Record 5.56 Luke White 2012)

 Time H’cap Allowance Actual Time

1. Isabel White 8mins 09secs Nil 8mins 09secs

**Junior Road Race** (Record 10.24 Jon Dudley 2002, Chris Miller 2005)

 (Girls Record 12mins 48secs Freya Williams 2011)

 Name Finish Time H’cap Allowance Actual Time

1 Isabel Laycock 15mins 06secs 20secs 14mins 46secs (1st Girl)

2 Ella Nicholson 15mins 17secs 20secs 14mins 57secs (2nd Gill)

3 Rebecca Morris 15mins 38secs 1mins 50secs 13mins 48secs (Fastest Time)

4 Mollie Bakewell 15mins 52secs 30secs 15mins 22 secs (3rd Girl)

5 Emily McLachlan 16mins 11secs 10secs 16secs 01mins

6 Alex Walker 16mins 21secs 1min 25secs 14mins 56secs

7 Natalie McGuire 16mins 30secs 2mins 40secs 13mins 50secs

8 Anna Shaw 16mins 37secs 1mins 40secs 14mins 57secs

9 Tiger Steel 17mins 01secs 2mins 20secs 14mins 41secs (1st Boy)

10 James Shaw 17mins 12secs 2mins 15mins 12secs (2nd Boy)

Boys Trophy Winner Tiger Steel

Girls Trophy (Dave Shelton Vase) Isabel Laycock

Fastest Time Rebecca Morris 13mins 48secs

**Senior Road Race** (Record 34.25 Andrew Pearson 2009)

 Finish Tinme H’cap Allowance Actual Time

1 Samantha Lister 52mins 59secs Nil 52mins 59secs

2 Heather Mitchell 54mins 52secs 3mins 51mins 52secs

3 Ian Mitchell 54mins 58secs 10mins 44mins 58secs

4 Elliott Thompson 55mins 09secs 15mins 40mins09secs

5 Michael Proctor 55mins 18secs 5mins 50mins 18secs

6 Donald Kennedy 55mins 24secs 13mins 30secs 41mins 54secs

7 Martin Moss (guest) 55mins 45secs 10mins 45mins 45secs

8 Naill O’Connell 55mins 49secs 15mins 40mins 49secs

9 Nathaniel Stock 56mins 11secs 15mins 30secs 40mins 41secs

10 Richard Norgate 56mins 11secs 15mins 30secs 40mins 41secs

11 Karen Mitchell 56mins 49secs Nil 56mins 49secs

12 Jim McCormack 57mins 06secs 3mins 54mins 06secs

13 Kirsty Leih 58mins 20secs Nil 58mins 20secs

14 James Scholes 58mins 54secs 7mins 51mins 54secs

Trophy Winner Samantha Lister

Fastest Time Elliott Thompson 40mins 09secs