

Longwood Harriers Sportshall Competition 22nd December 2015

Results

| <u>Name</u> | <u>1 Lap Race</u> | <u>4 Lap Race</u> | <u>Hurdles</u> | <u>Triple Jump</u> | <u>Javelin</u> | <u>Chest Push</u> | <u>Points</u> |
|------------------------------|-------------------|-------------------|----------------|--------------------|----------------|-------------------|---------------|
| <u>Under 11 Girls</u> | | | | | | | |
| 1. Rukhsar Tariq | 21.8s (2) | 1m.54.2s (1) | 24.2s (1) | 3.90m (4) | 12.70m(2) | 5.75m (1) | 31 |
| 2. Leanna Lunn | 21.2s (1) | 1m 54.8s (3) | 26.0s (3) | 4.44m (2) | 11.0m (3) | 5.75m (2) | 28 |
| 3= Lucy Hardcastle | 22.7s. (3) | 1m 54.9s (4) | 25.8s (2) | 4.32m (3) | 13.10m (1) | 4.25m (5) | 24 |
| 3= Lucy Dmoszynski | 24.1s (4) | 1m 54.6s (2) | 26.5s (4) | 4.66m (1) | 7.30m (4) | 5.25m (3) | 24 |
| 5. Lucy Fairburn | 24.6s (5) | 2m 07.0s (5) | 28.2s (5) | 3.10m (5) | 7.15m (5) | 4.50m (4) | 13 |
| <u>Under 11 Boys</u> | | | | | | | |
| 1. Owen Lodge | 21.8s (2) | 1m 43.9s (2) | 22.9s (2) | 5.08m (1) | 13.5m (2) | 6.25m (2) | 31 |
| 2. Zain Tahir | 21.0s (1) | 1m 41.7s (1) | 22.4s (1) | 4.64m (3) | 11.4m (5) | 5.00m (5) | 26 |
| 3. Laurence Grose | 22.9s (5) | 1m 49.6s (4) | 25.2s (5) | 4.80m (2) | 14.1m (1) | 4.75m (7) | 19 |
| 4. Levant Dalbal | 22.4s (4) | 1m 51.7s (5) | 23.4s (4) | 4.40m (4) | 10.5m (9) | 6.50m (1) | 18 |
| 5. Alfie Marsh | 22.0s (3) | 1m 48.7s (3) | 23.1s (3) | 4.20m (5) | 11.1m (6) | 4.00m (10) | 16 |
| 6. Jacob Toffolo | 23.4s (7) | 2m 09.1s (7) | 27.2s (8) | 4.02m (6) | 12.4m (3) | 5.25m (4) | 11 |
| 7. Jack Coulson | 23.7s (6) | 2m 12.1s (8) | 27.3s (9) | 3.72m (10) | 7.0m (10) | 6.25m (3) | 9 |
| 8. Toby Robinson | 23.4s (7) | 2m 15.0s (9) | 26.7s (7) | 4.00m (7) | 11.6m (4) | 4.25m (9) | 8 |
| 9. Andrew Fleming | 25.2m (9) | 2m 02.1s (6) | 25.7s (6) | 3.96m (8) | 10.85m (8) | 4.25m (8) | 6 |
| 10 Isaac Hanson | 28.0s (10) | 2m 17.0s (10) | 28.8s (10) | 3.80m (9) | 11.0m (7) | 4.75m (6) | 6 |
| <u>Under 13 Girls</u> | | | | | | | |
| 1. Neve Hardcastle | 20.3s (1) | 1m 40.3s (1) | 23.3s (3) | 5.54m (1) | 12.5m (1) | 3.75m (4) | 31 |
| 2. Soraya Godden | 20.4s (2) | 1m 45.9s (2) | 23.1s (2) | 5.04m (2) | 12.45m (2) | 4.25m (1) | 31 |
| 3. Isabel White | 21.0s (3) | 1m 45.9s (3) | 23.0s (1) | 4.56m (4) | 9.50m (5) | 4.25m (3) | 23 |
| 4. Rose Coulson | 21.8s (4) | 1m 57.0s (4) | 24.3s (4) | 4.88m (3) | 11.30m (3) | 4.25m (2) | 22 |
| 5. Jess Corcoran | 22.5s (5) | 2m 00.3s (5) | 25.8s (5) | 4.30m (5) | 19.85m (4) | 3.75m (5) | 13 |

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|------------------------------|-------------------|-------------------|----------------|--------------------|----------------|-------------------|---------------|
| <u>Under 13 Boys</u> | | | | | | | |
| 1. Shahbaz Tariq | 19.1s (1) | 1m 33.5s (1) | 23.3s (4) | 5.66 (1) | 16.20m (2) | 5.00m (1) | 32 |
| 2. Tiger Steel | 19.9s (2) | 1m 34.8s (2) | 23.1s (2) | 4.80m (3) | 11.25m (3) | 4.25m (2) | 28 |
| 3. Anesh Tahir | 21.0s (3) | 1m 40.6s (3) | 22.7s (1) | 4.54m (4) | 17.35m (1) | 4.00m (3) | 27 |
| 4. Finlay Toffolo | 22.3s (4) | 1m 55.6s (4) | 24.5s (3) | 5.04m (2) | 10.90m (4) | 4.25m (2) | 21 |
| 5. Beau Mulligan | 25.9s (5) | 2m 23.0s (5) | 30.5s (5) | 4.10m (5) | 9.90m (5) | 3.25m (5) | 12 |
| <u>Under 15 Girls</u> | | | | | | | |
| 1. Kari Baker | 20.2m (2) | 1m 43.9s (1) | 21.8s (1) | 5.54m (2) | 10.35m (3) | 4.75m (4) | 29 |
| 2. Izzy Butley | 20.0s (1) | 1m 51.6s (3) | 22.9s (4) | 6.04m (1) | 8.65m (5) | 5.00m (3) | 25 |
| 3. Lucy Home | 21.0s (6) | 1m 44.9s (2) | 22.6s (2) | 4.44m (7) | 10.60m(2) | 4.50m (5) | 19 |
| 4. Mya Bartholemew | 20.4s (3) | ------(8) | 23.2s (5) | 4.90m (4) | 12.80m (1) | 3.25m (8) | 16 |
| 5. Caitlin Lunn | 20.8s (5) | 2m 01.5s (6) | 25.4s (8) | 4.86m (5) | 9.35m (4) | 5.00m (2) | 14 |
| 6. Natalia Duke | 21.7s (8) | 2m 08.8s (7) | 24.0s (6) | 5.30m (3) | 8.30m (7) | 5.25m (1) | 14 |
| 7. Emily McLachlan | 20.8s (4) | 1m 54.9s (4) | 22.9s (3) | 3.90m (8) | 7.50m (8) | 3.50m (7) | 13 |
| 8. Anna Dmoszynski | 21.3s (7) | 1m 55.4s (5) | 24.1s (7) | 4.56m (6) | 8.60m (6) | 3.50m (6) | 7 |
| <u>Under 15 Boys</u> | | | | | | | |
| 1. Hakan Dalbal | 17.6s (1) | 1m 23.6s (1) | 19.4s (2) | 6.66m (1) | 14.60m (2) | 7.75m (1) | 34 |
| 2. Zak Duke | 18.6s (2) | 1m 32.4s (2) | 19.4s (1) | 5.94m (2) | 15.10m (1) | 6.75m (2) | 32 |