

Sheet1

Longwood Christmas Cross Country Handicap records

2010-2022

Year	u11 1 lap (1.1 miles)		U13/15 2 laps (2.2 miles)	U17 & Seniors 3 laps (F) 5 laps(M)
	2010	Fastest Male	Luke White	Sam Hever
	Time	7.33	12.44	32.33
	Fastest Female	<i>No runners</i>	Freya Williams	Claire Pickersgill
	Time	x	14.16	14.34*
2011	Fastest Male	Luke White	Lewis crank	Donald Kennedy
	Time	6.16	11.47	32.56
	Fastest Female	Bryony Hawley	Natalie McGuire	Claire Pickersgill
	Time	8.35	13.14	14.05*
2012	Fastest Male	Jack White	Nathaniel Stock	Donald Kennedy
	Time	7.47	12.59	33.53
	Fastest Female	Bryony Hawley	Natalie McGuire	<i>No runners</i>
	Time	8.53	14.19	x
2013	Fastest Male	Tiger Steel	Nathaniel Stock	Richard Norgate
	Time	8.02	12.34	35.11
	Fastest Female	Alex Walker	<i>No runners</i>	Claire Pickersgill
	Time	9.55	x	15.18*
2014	u11		U13/15	U17 & Seniors
	Fastest Male		Sam Wyatt	Nathaniel Stock
	Time		13.51	32.48
	Fastest Female	Isobel White	Alex Walker	Natalie McGuire
	Time	5.14**	16.41	15.09*
2015	u11		U13/15	U17 & Seniors
	Fastest Male	Owen Lodge	Hakan Dalbal	Peter Hoyle
	Time	7.03	11.25	31.52
	Fastest Female	Leanna Lunn	Neve Hardcastle	Heather Mitchell
	Time	8.49	15.07	16.09*
2016	u11		U13/15	U17 & Seniors
	Fastest Male	Tom White	Anesh Tahir	Hakan Dalbal
	Time	6.33	12.48	29.17
	Fastest Female	Megan Hughes	Neve Hardcastle	Heather Mitchell
	Time	7.27	13.30	17.05*
2017	Fastest Male	Ben Mourn	Tiger Steel	Elliot Thompson
	Time	6.48	15.14	32.08
	Fastest Female	Sophie Wood	Neve Hardcastle	Claire Pickersgill
	Time	7.04	13.05	21.39
2018	u11		U13/15	U17 & Seniors
	Fastest Male	George Scholes	Jack White	Richard Norgate
	Time	8.22	11.42	32.43
	Fastest Female	Brogan Cartwright	Holly Brewster	Helen Roby
	Time	7.44	12.47	20.52

Sheet1

	u11	u16	Uu17 & Seniors
2019	Fastest Male	Alex Carter	Rowan Baxter
	Time	6.45	12.48
	Fastest Female	Brogan Cartwright	Holly Brewster
	Time	7.50	12.47
			Simon Crook
			36.16
			Neve Hardcastle
			20.25

	u11	u16	Uu17 & Seniors
2021	Fastest Male	Noah Scholes	Rowan Baxter
	Time	7.25	12.11
	Fastest Female	Harriet Ayres	Sophie Wood
	Time	6.58	13.29
			Simon Parkinson
			32.26
			Helen Roby
			20.41

	u11	u16	Uu17 & Seniors
2022	Fastest Male	None	Alex Whitehead
	Time		12.21
	Fastest Female	Gracie Timmins	Sophie Wood
	Time	7.45	13.46
			Richard Norgate
			31.13
			Lyndsay Roberts
			22.56

Key

- * Was 2 laps at the time
- ** Didn't complete full course
- Record age group time

Christmas Handicap - current record times (2022)

	u11	U13/15	U17 & Seniors
	1 lap (1.1 miles)	2 laps (2.2 miles)	3 laps (F) 5 laps(M)
Fastest Male	Luke White 2011	Hakan Dalbal 2015	Hakan Dalbal 2016
Time	6.16	11.25	29.17
Fastest Female	Harriet Ayres 2021	Holly Brewster 2019	Neve Hardcastle 2019
Time	6.58	12.47	20.25