

Longwood Harriers AC Health and Safety Policy

This is the Health and Safety policy of Longwood Harriers Athletics Club

Longwood Harriers Athletics Club offers coaching and competitive opportunities in athletics. We coach and train students from the age of nine and over.

We regard the safety of athletes and anyone else involved in our activities as a priority.

We will:

Focus on preventing accidents by managing the health and safety risks in our training/competing environment.

Provide instructions and information, along with suitable training, to ensure we are all able to participate in our sport with the minimum of risk to ourselves and to others.

Engage and consult with whoever is concerned on health and safety.

Implement emergency procedures.

Maintain safe and healthy conditions - taking into account any changes.

All members should co-operate with coaches/officials on health and safety matters.

All members should take reasonable care of their own health and safety, and report all health and safety concerns to an appropriate person.

A risk assessment of our training venue is the responsibility of Kirklees Active Leisure, whose facilities we use. We do liaise with them to ensure all requirements are met.

Risk assessments for events that we attend are the responsibility of the event organisers.

All members are free to discuss, or express any concerns, regarding our health and safety procedures.

Any training, or induction will be given as required to coaches/officials/volunteers/members to familiarise them with our set-up.

Training will be given to any members using our equipment.

Our aim is to follow guidelines given by the Health & Safety Executive, as well as England Athletics with whom we have regular consultation.

This policy is subject to review at any time.