

## LONGWOOD HARRIERS AC

### IBBOTSON MILE RESULTS: 12/09/2023

#### SENIORS

1. Phil Mitchell	5.09
2. Simon Parkinson	5.31
3. Craig Mitchell	5.45
4. Steve Palmer	5.53
5. Owen Whitehead	6.06
6. Simon Crook	6.12
7. Adam Taylor	6.27
8. Haneef Rashid	6.30
9. Carl Mendel	6.45
10. Danielle Selby	6.50
11. Ian Mitchell	7.37
12. Karen Mitchell	8.00
13. Rebecca Cundy	8.46

#### JUNIORS

1. Alex Whitehead	5.22
2. William Varley	5.54
3. Andrei Chetty	5.55
4. Sophie Wood	6.00
5. Harriet Ayres	6.36
6. Charlie Styllanou	6.39
7. George Scholes	6.44
8. Alice Kaye	7.02
9. Gracie Timmins	7.05
10. Noah Scholes	7.07
11. Lucy Kaye	7.26
12. Olivia Miller	7.37
13. Anaya Quashie	8.06
14. Ella Corion	8.10
DNF Iris Sanderson	

Weather: Cool; Drizzle; Calm