

LONGWOOD HARRIERS A.C.

10K TRACK RACE: 05/09/2023

[Note there were big problems with the lap counting, which resulted in wrong placings and times. Here we have the most accurate results we have been able to put together.]

1. Phil Mitchell	37.06	
2. Simon Parkinson	38.58	
3. Alex Whitehead	39.41	
4. Donald Kennedy	39.56	
5. Craig Mitchell	41.28	
6. Owen Whitehead	42.06	
7. Simon Crook	44.18	
8. Adam Taylor	?	
9. Carl Mendel	47.02	
10 Finlay Child	?	GUEST
11. Haneef Rashid	?	
12. Lindsay Roberts	48.01	
13. Ian Mitchell	50.57	
14. Karen Mitchell	53.06	
15. Rebecca Cundy	63.01	

Nº 57 DNF

Weather: Very warm, light wind