

## LONGWOOD HARRIERS CHRISTMAS CROSS COUNTRY HANDICAPS 2025

<u>Under 11's Race</u>	<u>Finish Time</u>	<u>Handicap</u>	<u>Actual Time</u>	
1. Jackson Cloughton-Lowe	6.19	0.00	6.19	1 <sup>st</sup> Boy
2. Sam Crowther	7.01	1.30	5.31 (FT)	2 <sup>nd</sup> Boy
3. Zachary Walker	7.14	0.30	6.44	3 <sup>rd</sup> Boy
4. Alice Duggan	7.26	0.30	6.56	1 <sup>st</sup> Girl

### Junior Race

1. Callum Harris	12.12	1.30	10.42 (FT)	1 <sup>st</sup> Boy
2. Luella Ramsden	12.32	0.00	12.32	1 <sup>st</sup> Girl
3. Beatrix Duggan	14.32	1.00	13.32	2 <sup>nd</sup> Girl

### Senior Ladies

1. Sophie Wood	27.01	6.00	21.01 (FT)
2. Karen Mitchell	29.58	0.00	29.58

### Senior Men's Race

1. Alex Whitehead	44.25	14.00	30.25 (FT)
2. John Benton	45.01	13.30	31.31
3. Phil Mitchell	45.48	14.00	31.48
4. Richard Pollard	46.07	11.30	34.37
5. Simon Crook	49.28	9.00	40.28