

LONGWOOD HARRIERS AC
10K TRACK RACE: 01/09/2026
(at Cleckheaton)

1. John Benton	37.14
2. Simon Crook	46.22
3. Lindsay Roberts	46.46
4. Haylie Blair	49.28
5. Ian Mitchell	53.14
6. Heather Turner	54.03
7. Rebecca Cundy	54.34
8. Karen Mitchell	56.03
Guest: Jimmy Atkinson	46.03

Conditions: 18C, light breeze

Well done to all who competed, and congratulations to John.