

MAKE A | Longwood Harriers 1888 RUN FOR IT!

RICHARD HARDCASTLE MEMORIAL RACES

Leeds Road Playing Fields, Huddersfield
Saturday 25th April 2015 11:00am

Longwood Harriers would like to invite old friends and new faces to join them in an all terrain 10k race (2 laps) in memory of our former Club President.

Entries £5 affiliated £7 unattached. Entries on the day £7 affiliated £9 unattached. Please make cheques payable to Longwood Harriers AC

Prizes for first 3 Men and first 3 Women, plus spot prizes.

Buffet provided. changing facilities available.

Please send entry form to:

RHMR 3 Saxon Close, Emley, Huddersfield, West Yorkshire, HD8 9RB.

Pick up numbers on the day.

Closing date for pre-entries 2nd April 2015

Results will be posted on: www.longwoodhac.org.uk

**LOOK UP,
GET UP BUT
NEVER GIVE UP!**

Surname First Name Leave Blank
Date of Birth Sex M or F Age on race day (minimum 15)
Club Affiliated Y/N
Address
Postcode Mobile phone Landline

I declare that I am an amateur as defined by UK Athletics laws and will abide by the laws and rules of UK Athletics. I accept that the organisers will not be liable for any loss, damage, action, claim, cost or expenses which may arise as a result of my participation in this race. I declare that I will not compete unless I am in good health on the day of the race and that in any event I will compete at my own risk. I understand marshals will be withdrawn after 70 minutes. I understand that numbers are NOT TRANSFERABLE and Entry Fees are not refundable. I understand that in the event of cancellation or postponement any refund or deferment of entry is entirely at the organisers' discretion.

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LONGWOOD HARRIERS AC
*would like to invite local school
children to join them in the Richard
Hardcastle Memorial Races at:
Leeds Road Playing Fields On
Saturday 25th April 2015*

10:00am years 5 & 6 1km cross country

10:15am years 7 & 8 1.5km cross country

Prizes for first 3 boys and first 3 girls in each race.

Medals to all finishers.

For more information please email or call:

geraldinehardcastle@tiscali.co.uk

07534 872630

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GET UP BUT
NEVER GIVE UP!**